

MRSA Treatment Summary

Nasal Colonisation Eradication: Suitable products include:

1. **Naseptin® Nasal Cream four times a day for ten days or**
2. **Mupirocin 2% (Bactroban®) nasal ointment three times daily for five day or**
3. **Prontoderm® nasal gel three times a day for five days**

Antimicrobial body and hair wash. Once daily for five days if using Mupirocin or Prontoderm and ten days if using Naseptin for nasal colonisation eradication. Suitable products include:

1. **Chlorhexidine gluconate 4%**
2. **Triclosan (Oilatum Plus)**

Nasal Colonisation Eradication

Mupirocin 2% (Bactroban®) nasal ointment three times daily for five days Must not be used if the patient is pregnant or breast-feeding without prior consultation with a microbiologist or infection control nurse

Or, if Mupirocin not available:

Naseptin® nasal cream four times a day for ten days. Contains arachas oil and chlorhexidine. Contra-indicated in patients with peanut or chlorhexidine allergy

Or, if Mupirocin not available and Naseptin contra-indicated:

Prontoderm nasal gel three times a day for five days

Advice to the patient on how to apply:

1. Wash and dry your hands
2. Place a small amount of the nasal cream/ointment, about the size of a small pea, on your little finger or cotton bud
3. Apply this to the inside of one nostril
4. Repeat steps 2 and 3 for your other nostril
5. Press the sides of your nose together to spread the ointment around the nostril
6. Replace the cap on the tube and wash your hands

Antimicrobial body and hair wash

Chlorhexidine gluconate 4% w/v can be used for patients that do not have inflammatory skin conditions. Apply to wet skin and rinse off. When applying to the hair apply to wet hair following normal hair wash routine. There are no restrictions on use during pregnancy or lactation.

OILATUM Plus® (triclosan 2%) should be used if the patient has an inflammatory skin condition. It should always be diluted with water. It is an effective cleanser and should not be used with soap. Dilute in bath water as directed on the instructions.

Do not use for babies younger than 6 months. There are no restrictions on use during pregnancy or lactation.

Pay particular attention to washing hair line, axilla, groin and perineal areas

For best results change clothing, towels and bed linen daily after application of topical treatment.