

## OPHTHALMOLOGY GUIDELINES FOR USE OF TOPICAL NSAID's.

**Non steroidal should be avoided where possible in patients at moderate to high risk of gastrointestinal events, those with bleeding tendencies or on therapy likely to prolong bleeding, or those with a known history of peptic ulceration.**

Non-steroidal anti-inflammatory agents are contraindicated in patients in whom attacks of asthma, urticaria or acute rhinitis are precipitated by acetylsalicylic acid or by other drugs with prostaglandin synthetase inhibiting activity. Intraocular use of Diclofenac during surgical procedure is also contraindicated. The potential exists for cross-sensitivity to acetylsalicylic acid and other non-steroidal anti-inflammatory drugs. Topical NSAIDs are contra-indicated in individuals who have previously exhibited sensitivities to these drugs.

DRUG	USAGE/TREATMENT
<p><b>Diclofenac 0.1% eye drops (Voltarol® ophtha)</b></p>	<ul style="list-style-type: none"> <li>• For pre and post-operative use for up to 28days.</li> <li>• For pain relief in external eye diseases or trauma eg Episcleritis or Corneal abrasions. Use for up to two days.</li> </ul> <p style="margin-left: 40px;">If pain continues: Add in Oral analgesics e.g. Paracetamol or Co-codamol 8/500 if supplemental pain relief required.</p>
<p><b>Ketorolac 0.5% eye drops (Acular®)</b></p>	<ul style="list-style-type: none"> <li>• Prophylaxis and reduction of inflammation and associated symptoms following ocular surgery. Starting 24 hours pre-operatively and continuing for up to three weeks post-operatively.</li> </ul>

**NB: Full prescribing information relating to topical NSAIDs may be found in the individual product SPCs**